

CareStance User Manual – How to Get Recommendations

1. Introduction

This platform is an AI-powered career guidance system. It is designed to help students (Class 10th, 12th, and above) make informed career decisions based on their personality, interests, and skills.

The system provides personalized career recommendations through a structured assessment process and an intelligent AI chatbot that answers user's queries and offers real-time guidance.

This manual explains step-by-step how users can access and use the recommendation feature effectively.

2. System Requirements

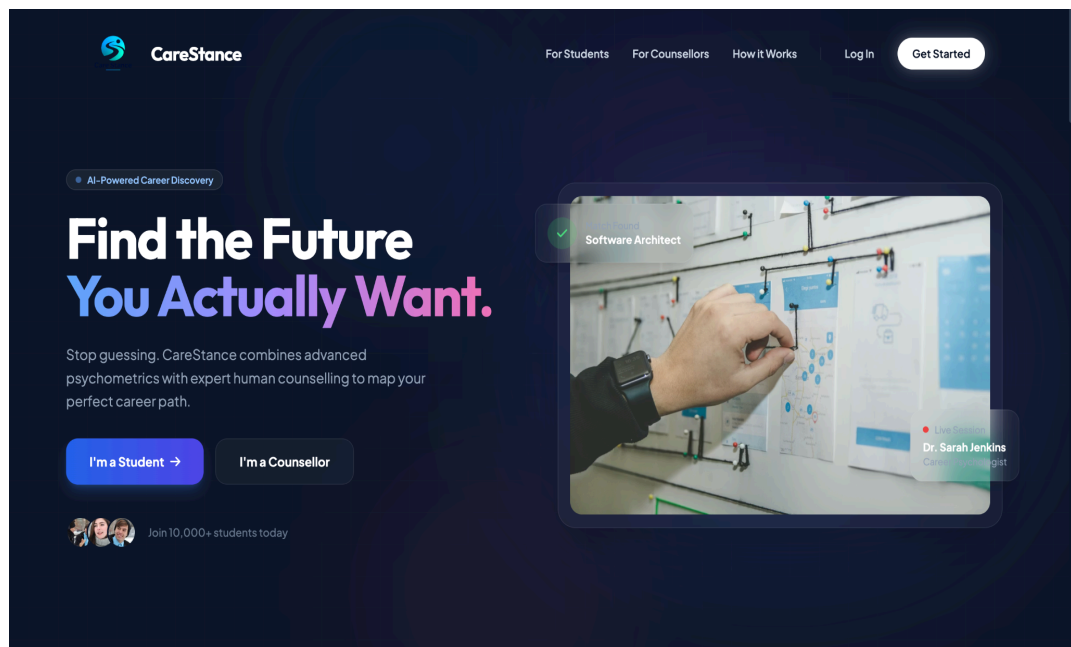
To use CareStance, ensure you have:

- A device (Laptop, Mobile, Tablet)
- Internet connection
- A web browser (Chrome, Edge, etc.)

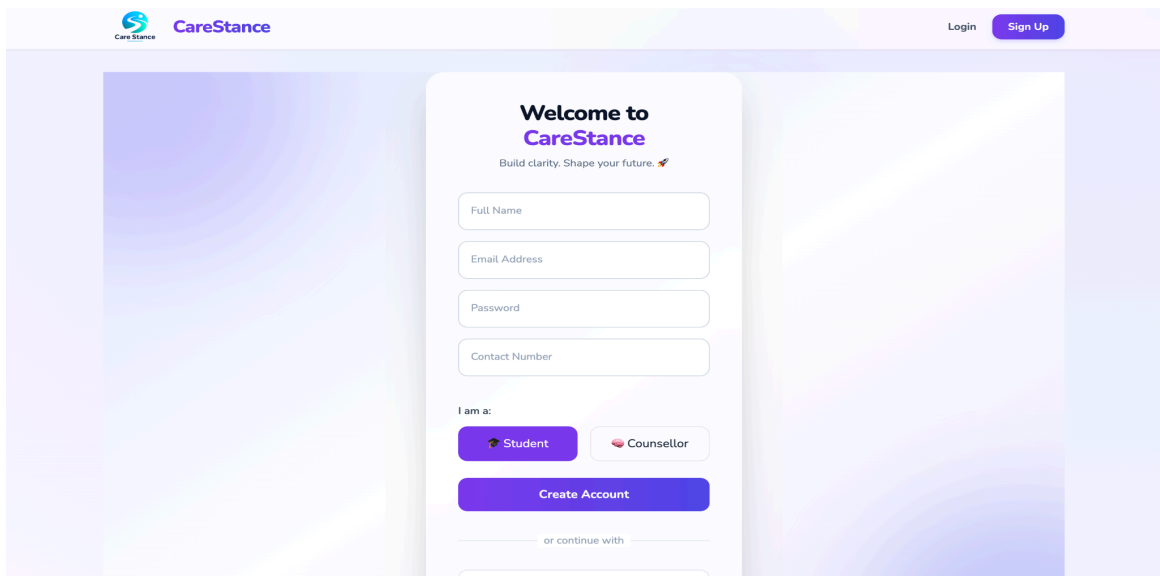
3. User Registration / Login

3.1 New User Registration

1. Open the CareStance website : <https://www.carestance.in>



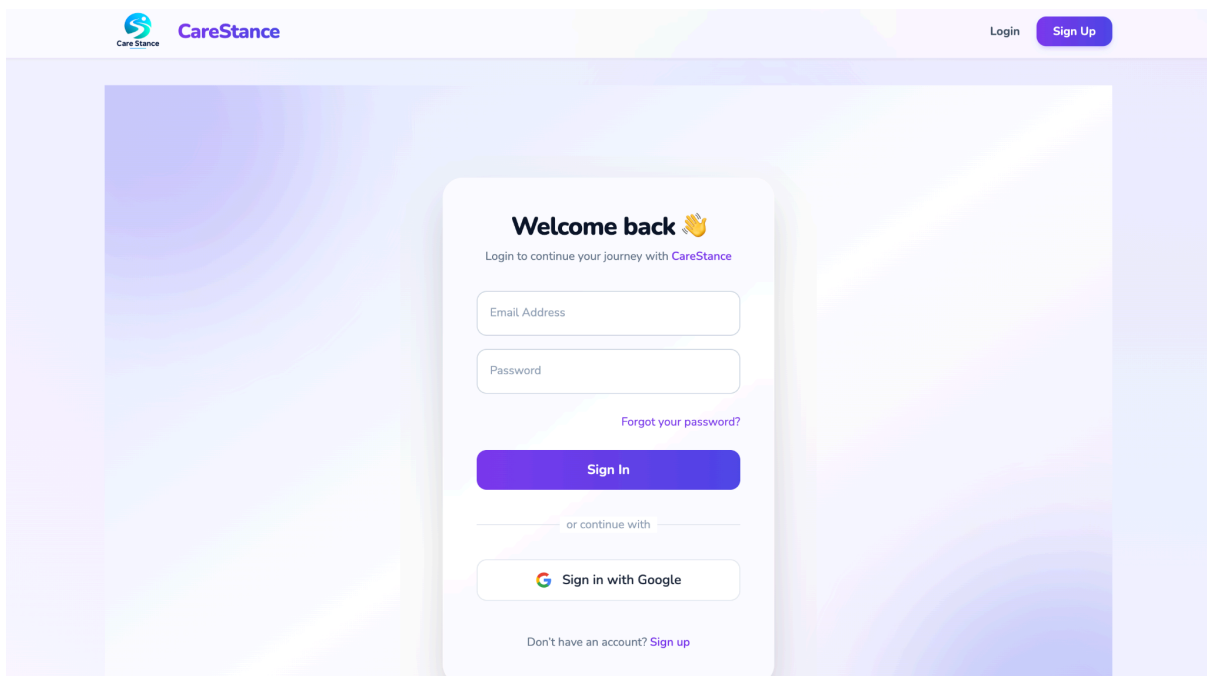
2. Click on **Log In**
3. Switch to **Sign Up**



4. Enter details:
 - Name
 - Email
 - Password
 - Contact Number
5. Click **Create Account**

3.2 Existing User Login

1. Go to login page

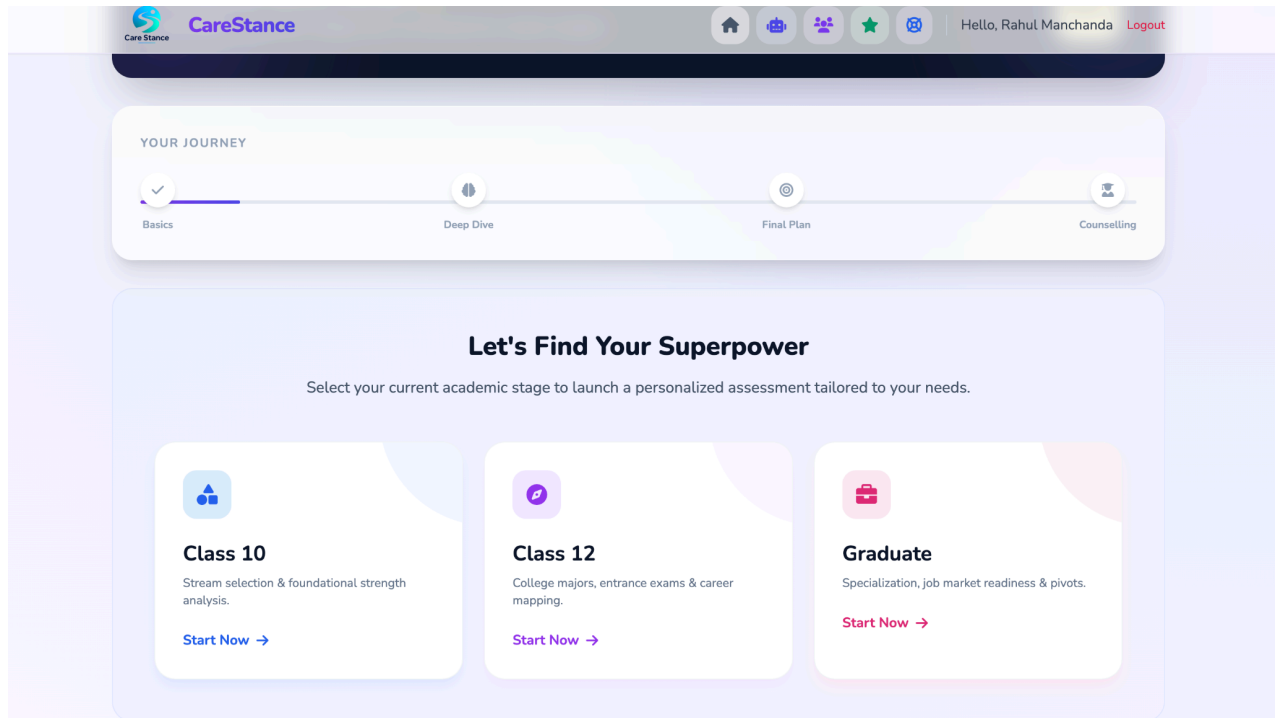


2. Enter email and password
3. Click **Sign In**

4. How to Use the Platform

Step 1: Start Assessment

- Choose your category:
 - **Class 10th**
 - **Class 12th**
 - **Graduate**



Step 2: Complete Multi-Phase Assessment

The assessment process is divided into multiple phases to accurately evaluate the user's personality, interests, and career suitability.

Phase 2: Personality Assessment

- Answer questions related to your behavior, preferences, and decision-making style
- The system analyzes your responses to determine your personality archetype

Phase 3: Deep Dive

- Answer detailed questions about your:
 - Skills
 - Interests
 - Strengths
 - Career preferences
- This phase helps refine the accuracy of recommendations

Phase 4: Final Verdict

- Receive personalized career recommendations
- View suggested career paths and streams

- Get insights based on your assessment results

Step 3: Submit Assessment

- After completing all phases, click **Submit**
- The system processes your responses using AI

Step 4: View Results

You will receive:

- Personality archetype
- Recommended career streams
- Suggested career paths

5. Using AI Chatbot

The platform includes an AI chatbot for guidance.

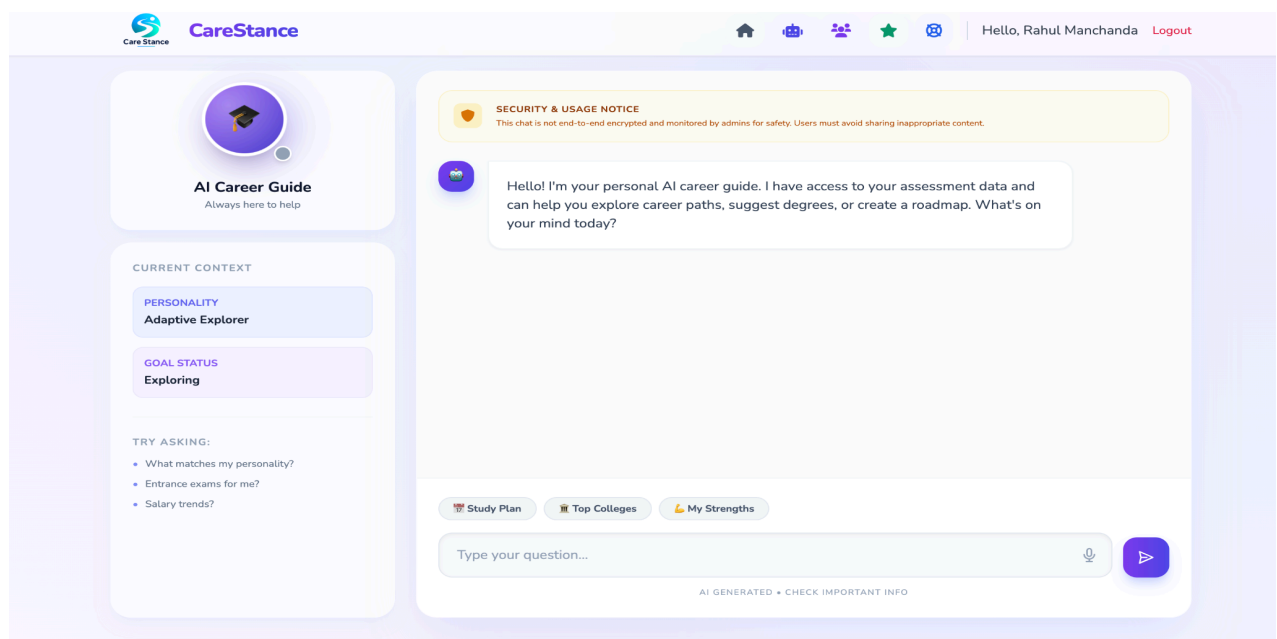
How to Use:

1. Open chatbot section
2. Type your query

Example Queries:

- “Which career is best for me?”
- “What should I choose after 12th?”
- “Skills needed for data science?”

The chatbot provides instant, personalized responses.

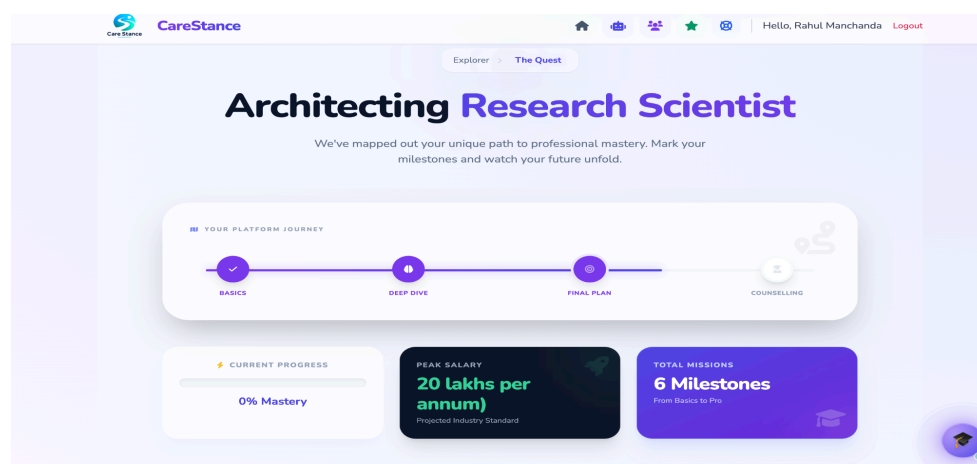


6. Generating AI Roadmaps

After completing the assessment, the system generates a personalized AI-based career roadmap tailored to the user's profile.

What the Roadmap Includes

- **🎯 Recommended Career Path**
Clear direction such as Data Science, Engineering, Design, etc.
- **📚 Learning Path**
Suggested courses, subjects, and topics to study
- **🔧 Skill Development Plan**
Key skills required for your chosen career
- **📅 Step-by-Step Guidance**
A timeline or phases to achieve your career goals
- **👛 Future Opportunities**
Job roles and career growth options

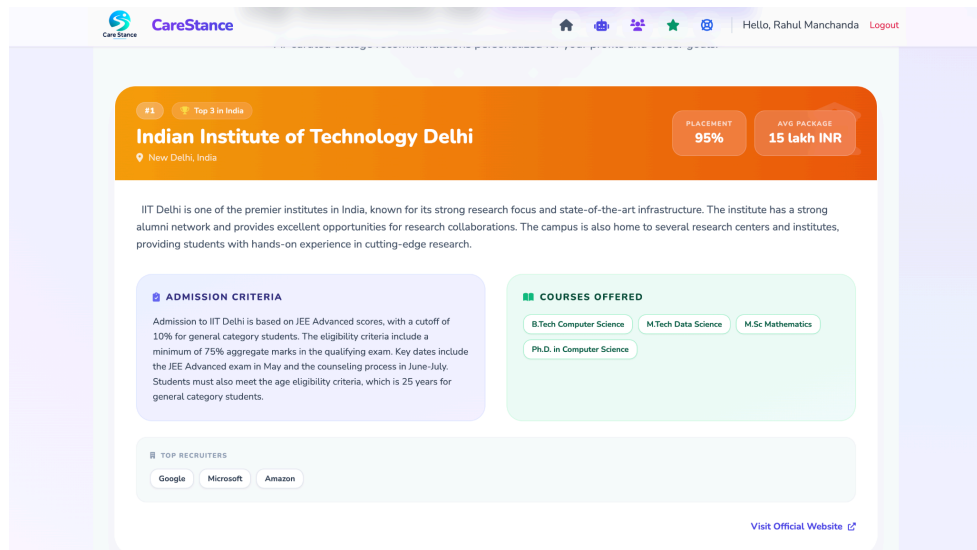


7. Top Colleges / Institutes

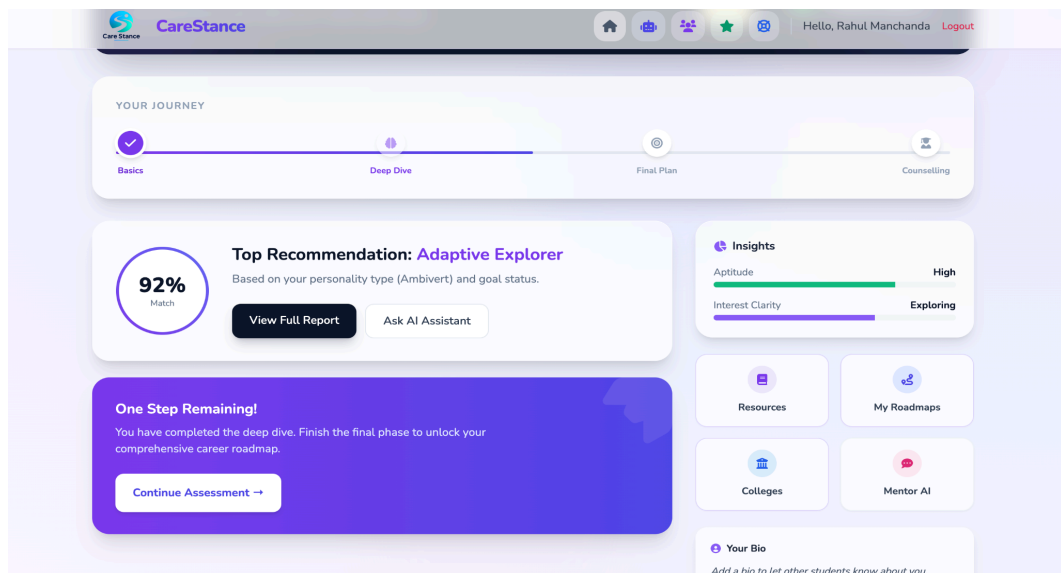
After generating the AI roadmap, the platform also suggests top colleges and institutes relevant to the user's chosen career path.

What You Will Get

- **🎓 Top Colleges in India**
A curated list of reputed institutions based on your selected career path
- **🌍 International Universities**
Global universities aligned with your career goals
- **📚 Courses Offered by Each Institute**
Detailed information about relevant programs and specializations
- **📍 Location and Basic Details**
Information about campus location, facilities, and overview
- **💰 Average Placement Package**
Estimated average salary packages offered to graduates from each institute



8. Dashboard Overview



9. Best Practices

- Answer assessment questions honestly
- Avoid skipping questions
- Use chatbot for clarification
- Explore multiple recommendations

10. Limitations

- Recommendations are AI-based, not final decisions
- Results depend on user input accuracy
- Not a substitute for professional counseling

11. Safety Disclaimer

This platform provides guidance only. Users should consult career counselors or professionals before making final decisions.